



The Betel Homefront



December, January & February 2025/26



Recreation News

Please welcome Hannah to the recreation department. She will primarily be working on wings 1&2.

The month of December will be full of Christmas baking, crafts, light tours, special event & entertainment.

Christmas Lunches

For the week of December 8-12, resident Christmas lunches will be served in the recreation room & library. The menu this year is: turkey, stuffing, sweet & sour meatballs, corn, mashed potatoes, gravy & cheesecake for dessert.

Christmas Party

Everyone is welcome to attend our Christmas Eve Entertainment at 1:30pm. Johnny Guitar will be performing.

New Year's Eve

The afternoon will feature music by Patsy Cline, there will be hors d'oeuvres served.

New Year's Basket Fundraiser

Tickets: \$2.00 Each

**Draw on January 7, 2026
@2:00 PM
Main Dining Room**

20+ Baskets valued at \$50-\$70

Please see recreation if you would like to purchase tickets.



Thank you

To Home Hardware for continuing with their...
Be A Santa to a Senior Program!!

Important Reminder About TV's

TV's can only be a **maximum of 32 inches** (there are some rooms on wings 5&6 that can only accommodate 27-inch TVs).

Roku TV's are very difficult to program with Shaw, Rogers, Bell, etc, and difficult for residents to operate compared to a standard TV.

Please contact the recreation department if you are unsure.

Nursing

High Dose Influenza, Covid-19, RSV & Pneumococcal have been given out to eligible residents.



Resident Council News



Upcoming Meeting Dates:

➤ **January 19, 2026**

All meetings will be held at 2:00 pm in the recreation room.

All Residents & Family are welcome to attend!

Social Worker

Caroline TenBrinke is in the Selkirk office on Tuesdays, Wednesdays & alternate Mondays.
Phone: 482-5469 ext. 20964
Email: ctenbrinke@ierha.ca



Betel Home Foundation 212 Manchester Ave. Selkirk, MB. R1A 0B6
Phone: (204) 482-5469 / Fax: (204) 482-4651 / www.betelhomefoundation.ca





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Volunteer News

The Betel Volunteer department is always looking for new volunteers. It can be once a week, once a month or even once in a while.

- Assist with entertainment/special events.
 - Assist on outings
 - Assist at meal groups
 - 1-1 visits

Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.

Code Talk - Code White

A Code White Protocol is initiated to manage or diffuse a violent incident.

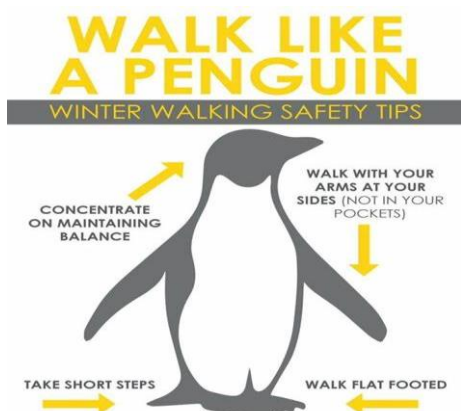
How can families help?

If you are in the facility visiting during a Code white - you will be asked to remain with your loved one. If you are near the incident - you will be asked to leave to an area of safety and remain there until Code White Violence all clear is announced.

Outdoor Safety

There is sand & salt located at every entrance, if you notice a slippery area please feel free sand/salt it

Winter is here, please be careful outside. WALK LIKE A PENGUIN



Education

dementiawellness.ca

There is a lot of great information on that website.

The 7 Stages of Dementia



Communicating with someone who has dementia.



Management Contacts

Phone: (204) 482-5469

Angela Eyjolfson - Chief Executive Officer (ext. 20952) aejolfson@ierha.ca

Gayanne Prise - Director of Finance (ext. 20951) gprise@ierha.ca

Jacob Ahiaegbe - Director of Resident Care (ext. 20960) jahiaegbe@ierha.ca

Matt Mutcheson - Recreation Manager (ext. 20956) mmutcheson@ierha.ca

Cindy Marynowski - Clinical Nurse Manager (ext. 20967) cmarynowski@ierha.ca

Johannes Snorrason - Support Services Manager (ext. 20961) jsnorrason@ierha.ca

Michael Centeno - Food Services Manager (ext. 20968)

michael.centeno@compass-canada.com



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