



The Betel Homefront



December, January & February 2025/26



Recreation News

Please welcome Hannah to the recreation department. She will primarily be working on wings 1&2.

The month of December will be full of Christmas baking, crafts, light tours, special event & entertainment.

Christmas Lunches

For the week of December 8-12, resident Christmas lunches will be served in the recreation room & library. The menu this year is: turkey, stuffing, sweet & sour meatballs, corn, mashed potatoes, gravy & cheesecake for dessert.

Christmas Party

Everyone is welcome to attend our Christmas Eve Entertainment at 1:30pm. Johnny Guitar will be performing.

New Year's Eve

The afternoon will feature music by Patsy Cline, there will be hors d'oeuvres served.

Thank you

To Home Hardware for continuing with their...

Be A Santa to a Senior Program!!

Important Reminder About TV's

TV's can only be a **maximum of 32 inches** (there are some rooms on wings 5&6 that can only accommodate 27-inch TVs).

Roku TV's are very difficult to program with Shaw, Rogers, Bell, etc, and difficult for residents to operate compared to a standard TV.

Please contact the recreation department if you are unsure.



Resident Council News

Upcoming Meeting Dates:

➤ January 19, 2026

All meetings will be held at 2:00 pm in the recreation room.

All Residents & Family are welcome to attend!



Betel Home Foundation 212 Manchester Ave. Selkirk, MB. R1A 0B6
Phone: (204) 482-5469 / Fax: (204) 482-4651 / www.betelhomefoundation.ca



New Year's Basket Fundraiser

Tickets: \$2.00 Each

**Draw on January 7, 2026
@2:00 PM
Main Dining Room**

20+ Baskets valued at \$50-\$70

Please see recreation if you would like to purchase tickets.



Nursing

High Dose Influenza, Covid-19, RSV & Pneumococcal have been given out to eligible residents.



Social Worker

Caroline TenBrinke is in the Selkirk office on Tuesdays, Wednesdays & alternate Mondays.
Phone: 482-5469 ext. 20964
Email: ctenbrinke@ierha.ca





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Volunteer News

The Betel Volunteer department is always looking for new volunteers. It can be once a week, once a month or even once in a while.

- **Assist with entertainment/special events.**
 - **Assist on outings**
 - **Assist at meal groups**
 - **1-1 visits**

Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.

Code Talk - Code White

A Code White Protocol is initiated to manage or diffuse a violent incident.

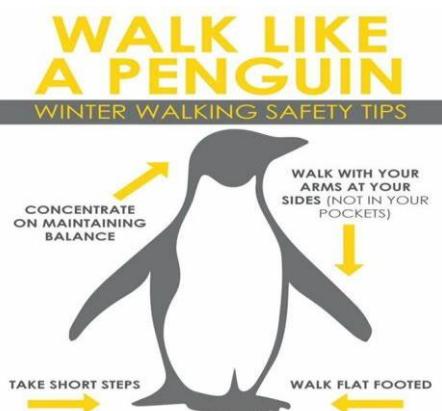
How can families help?

If you are in the facility visiting during a Code white - you will be asked to remain with your loved one. If you are near the incident - you will be asked to leave to an area of safety and remain there until Code White Violence all clear is announced.

Outdoor Safety

There is sand & salt located at every entrance, if you notice a slippery area please feel free sand/salt it

Winter is here, please be careful outside. **WALK LIKE A PENGUIN**



Education

dementiawellness.ca

There is a lot of great information on that website.

The 7 Stages of Dementia



Communicating with someone who has dementia.



Management Contacts

Phone: (204) 482-5469

Angela Eyjolfson - Chief Executive Officer (ext. 20952) aeyjolfson@ierha.ca

Gayanne Prise - Director of Finance (ext. 20951) gprise@ierha.ca

Jacob Ahiaegbe - Director of Resident Care (ext. 20960) jahiaegbe@ierha.ca

Matt Mutcheson - Recreation Manager (ext. 20956) mmutcheson@ierha.ca

Cindy Marynowski - Clinical Nurse Manager (ext. 20967) cmarynowski@ierha.ca

Johannes Snorrason - Support Services Manager (ext. 20961) jsnorrason@ierha.ca

Michael Centeno - Food Services Manager (ext. 20968) michael.centeno@compass-canada.com



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