



# The Betel Homefront

## March, April, and May 2023



### Recreation News

It's been a long winter and everyone at Betel is more than ready to get back to doing what we do best - having fun!

We are hoping for an early spring so our lunch/shopping outings and outdoor programs can begin. We are planning our first outing in May to the Selkirk golf course for a delicious lunch.

For anyone that has not seen our courtyard in full bloom, you are in for a treat. Flowers will be planted following the long weekend, depending on weather. The recreation department would be happy to accept any flower/plant donations.



If you would like to receive our calendars and newsletters electronically as they come available, email the Recreation Manager at [mmutcheson@ierha.ca](mailto:mmutcheson@ierha.ca) to get your email on the list!

### Resident Council News

**Upcoming Meeting Dates:**

**March 20, 2023**

**Annual Meeting**

**Review Resident Bill of Rights.**

**May 15, 2023**

**All meetings will be held @ 2:00pm in the recreation room.**

**Families are welcome to attend.**



### Important Information Visits/Social Leaves/Drop-offs

- Masks must be worn for the length of your visit. They cannot be taken off at any time.
- Food and drink may not be consumed inside the building by families/visitors.
- Visits may occur throughout the building.
- You may attend programs with your loved one, but we ask that you maintain 6 feet distance from other residents.
- If you are taking your loved one out for a social leave please inform the nursing station in advance as medication might be needed. There is also a sign-out book at the nursing station, please sign before you leave and when you return.
- Please drop off all clothing at the nursing station. This will insure they are taken down to laundry and labeled/washed before they are taken to resident's rooms.
- All items brought into the building (TV's, chairs, tables, etc) need to be approved by maintenance or recreation before they are taken to the room.
- A reminder that TV's can only be a maximum of 32 inches (there are some rooms on wings 5&6 that can only accommodate 27 inch TVs). Please contact the recreation department if you are unsure.





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### Important Information from Joi the Safety Bear

Just a reminder to always be on the watch for wet floor caution signs throughout the building. Housekeeping will often put up these signs while they are mopping floors both in public areas and Resident rooms. Signs may also be put up briefly after a spill has been cleaned up or by the entrances after water tracked in from outside has been mopped up. When you see the signs, watch your step and use extra caution to avoid any slips or falls. Also make sure to notify a staff member if you notice a spill or water on the floor that needs attention. Until next time, stay safe and always be on the alert for hazards!



### Social Work News

Just a reminder to families to please bring back your satisfaction surveys issued with your loved one's annual care conference letter. Completed surveys can be mailed back to Betel Home or dropped off at the nursing station. Having these surveys returned is an essential part of our quality control program and helps us to target any areas we may need to improve in.

**Caroline TenBrinke is in her Selkirk office on Tuesday, Wednesday and alternate Mondays.**

**Phone: 482-5469 ext. 20964  
Email: [ctenbrinke@ierha.ca](mailto:ctenbrinke@ierha.ca)**

### COVID-19 Pandemic Update

Manitoba Health recommends those at highest risk can choose to receive a spring COVID-19 booster, specifically:

- Adults age 65 and older
- Indigenous people age 45 and older, including First Nations, Inuit and Metis peoples, regardless of place of residence
- Residents of long-term care (LTC), assisted living or supportive housing facilities
- Adults age 18 and older who are moderately to severely immunocompromised. If an individual has not yet received a 2022 fall booster dose, they are still encouraged to get one.

Six months is the minimum interval between COVID-19 booster doses. Vaccine effectiveness increases with a longer duration between doses. People are also recommended to wait at least six months between a COVID-19 infection and receiving a booster dose. If a spring booster dose is administered, this may result in delayed eligibility for a fall booster dose and a less robust immune response if a fall booster dose is administered at a shorter interval (i.e., less than 6 months from the previous dose). It is anticipated that a fall 2023 COVID-19 booster program may be offered for the general population, pending NACI recommendations. These considerations need to be clearly communicated with clients. Manitoba Health recommends offering a bivalent vaccine. If an individual chooses not to receive a bivalent booster option, they may be offered a monovalent booster dose, if available

### Volunteer News

The Betel Volunteer department is in need of VOLUNTEERS, it can be once a month or even once in a while.

We are currently looking for volunteers to:

1. Bingo assistant.
2. Assist at entertainment/special events.
3. Assist on outings.



Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.



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