

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Snack Cart Visits with Gwen every Wednesday after lunch!</i> 		8:00 Breakfast Club 1 10:30 Ladies Fishing Trip and Picnic Outing 10:30 Whiteboard Games 1:30 The Rec Room with Trista	9:00 Body Works 2 10:00 RC Mass 10:00 U2 Sing-Along 10:30 Courtyard Group 2:00 Betel Bingo 2:00 Walks & Talks 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 3 10:30 Music for the Soul 11:00 Uptown Girls with Erika 1:30 Happy Hour 3:30 Manicures 6:00 Creative Corner	9:00 Friendly Visits 4 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:30 Card Sharks 3:30 Sensory/1-1 Visits	9:00 Friendly Visits 5 10:00 Music by Sunrise 2:00 Linen Folding 6:00 Games and Gab with Johanne
9:00 Body Works 6 10:30 Balloon Badminton 2:00 Gospel Music with Nexus 5:30 Sing Along with Pat in the MPR	7  HAPPY LABOUR DAY Labor Day	9:30 Bend & Stretch 8 10:30 Powder Room with Trista and Sandy 1:30 Music with Ed and His Music Buddies 3:30 Trivia Time	9:00 Body Works 9 10:00 Ukrainian Mass 10:00 U2 Sing-Along 10:30 Green Thumbs 2:00 Betel Bingo 2:00 Walks & Talks 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 10 10:30 Fall Harvest In The Kitchen with Sandy 10:30 Music for the Soul 1:30 Happy Hour 3:30 Sensory/1-1 Visits	9:00 Friendly Visits 11 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 1:30 Crafts with Cindy 3:30 Sensory/1-1 Visits Rosh Hashanah Begins	9:00 Linen Folding 12 11:00 Uptown Guys with Erika 2:00 Card Sharks 6:00 Games and Gab with Johanne
9:00 Body Works 13 10:30 Manicures 2:00 Courtyard Group 5:30 Sing Along with Pat in the MPR Grandparents Day	9:30 Bend & Stretch 14 10:00 Reader's Corner 10:30 Homemakers 1:30 Whiteboard Games 1:30 Body Works 3:30 Sensory Visits	8:00 Breakfast Club 15 10:00 GAC Pottery Pals 10:30 Assiniboine Park Zoo Outing 1:30 Resident Council Meeting	9:00 Body Works 16 10:00 U2 Sing-Along 10:30 Physical Games 2:00 Betel Bingo 2:00 Walks & Talks 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 17 10:30 Pirate Day Prep 1:30 Happy Hour 3:30 Card Sharks 6:00 Sensory/1-1 Visits	9:00 Friendly Visits 18 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 "Arrr 'Tis Pirate Day Mateys!" 3:30 Sensory/1-1 Visits	9:00 Friendly Visits 19 10:00 Music by Sunrise 1:00 Ice Cream Visits 3:00 Linen Folding 6:00 Games and Gab with Johanne Oktoberfest Begins
9:00 Body Works 20 10:30 Homemakers 2:00 Gospel Music with Nexus 5:30 Sing Along with Pat in the MPR Yom Kippur Begins	9:00 Body Works 21 10:00 Reader's Corner 10:30 Monthly Birthday Coffee Party 1:30 Museum Visits 1:30 Betel Social Media Group Meeting 3:30 Sensory/1-1 Visits	8:00 Breakfast Club 22 10:30 Green Thumbs 1:30 Physical Games Autumn Begins	9:00 Body Works 23 10:00 U2 Sing-Along 10:30 2:00 Betel Bingo 2:00 Walks & Talks 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 24 10:30 Music for the Soul 10:30 Sensory Visits Unit 2 1:30 Happy Hour 3:30 Manicures	9:00 Friendly Visits 25 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:30 Card Sharks 3:30 Sensory/1-1 Visits Sukkot Begins	9:00 Friendly Visits 26 10:30 Linen Folding 2:00 Whiteboard Games 6:00 Games and Gab with Johanne
9:00 Body Works 27 10:30 Baking Unit 1 2:00 Friendship Circle 5:30 Sing Along with Pat in the MPR	9:30 Bend & Stretch 28 10:00 Reader's Corner 10:30 Karaoke Stars 1:30 Music by Rob Ivany 3:30 Body Works	8:00 Breakfast Club 29 10:00 GAC Pottery Pals 10:30 Baking Unit 2 1:30 Tribute to Dolly Parton 3:30 Sensory/1-1 Visits 6:00 Cribbage Crew	National Day for Truth and Reconciliation 	September Calendar of Recreation Programs & Special Events 2026 		