



# The Betel Homefront



## June, July, and August 2024



### Recreation News

In early June staff/residents will be planting flowers & vegetables in the courtyard. The dates/times are on the calendar feel free to come and join in on the fun. Weeding can be done any time.



Whenever the weather is in our favor, we will be doing programming outdoors, making use of our beautiful courtyard.

With the early melt and warmer than usual April, we were able to start our bus outings early this year. We have made 2 trips to the Selkirk Bowling Alley & Selkirk Golf Course. The summer will be full of ice cream trips, lunch outings & adventures to the Selkirk Waterfront.



If you have any ideas or suggestions for summer activities our residents would enjoy, please don't hesitate to pass that along to us! We always appreciate fresh perspectives.

### Resident Council News

#### Upcoming Meeting Dates:



- July 15, 2024
- September 30, 2024

*All meetings will be held at 2:00pm in the recreation room unless otherwise noted. Changes may be made last minute to accommodate current pandemic response guidelines, public health orders, and related restrictions.*

**All residents/families are welcome to attend!**

### Father's Day Weekend Antique Car Show

The local "Cruisers Car Club" will be coming to Betel Home on Friday, June 14<sup>th</sup> at 1:00pm.

A number of the vehicles will be parked in the staff parking lot for everyone to view, take pictures with and some will allow you to sit in them.

Grab your loved one and come sit outside the east parking lot doors. Please bring your own chair.



### Reminders

- All items brought into the building (TV's, electronics, chairs, tables, etc) need to be approved by maintenance staff or the recreation manager before they are taken to the room. **Chairs cannot be a cloth material, they are required to be wipeable.**
- TV's can only be a **maximum of 32 inches** (there are some rooms on wings 5&6 that can only accommodate 27 inch TVs). Please contact the recreation department if you are unsure.
- Please be sure to sign-out your loved one when taking them for a social leave. The binder can be found at the unit nurse's desk. If they require medication, please contact the unit nurse in advance.
- If you would like to book the library for a meal with your loved one, please contact the recreation department in advance.

Thank you!!





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### Family & Resident BBQ

June 28<sup>th</sup> 11:15 - 12:30

Please RSVP to the recreation department by June 26<sup>th</sup>

Burgers & Hotdogs  
Salad  
Ice Tea/Lemonade  
Ice cream cups

The BBQ will be in the courtyard!

### Education

#### Teepa Snow

A Positive Approach to Care!

Use your camera on your smart phone to open the QR Code below and it will direct you to a fabulous Teepa Snow video on:

#### Teepa Snow Discusses the Ten Early Signs of Dementia



### Volunteer News

The Betel Volunteer department is looking for new volunteers. It can be once a week, once a month or even once in a while.

- Entertainment Evenings
- Supper Clubs
- Readers Corner (New Program)

Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.

### Social Worker

Caroline TenBrinke is in her Selkirk office on Tuesdays, Wednesdays and alternate Mondays.

Phone: 482-5469 ext. 20964

Email: [ctenbrinke@ierha.ca](mailto:ctenbrinke@ierha.ca)

### Pets

We are a pet friendly facility.

- Please make sure your pets are fully up to date on their vaccinations.
- Pets should be on-leash at all-times.
- Pets are to stay in your loved one's room and are not permitted in common areas (except for the courtyard).

### Management Contacts

Phone: (204) 482-5469

Angela Eyjolfson - Chief Executive Officer (ext. 20952) [aejolfson@ierha.ca](mailto:aejolfson@ierha.ca)

Gayanne Prise - Director of Finance (ext. 20951) [gprise@ierha.ca](mailto:gprise@ierha.ca)

Jacob Ahiaegbe - Director of Resident Care (ext. 20960) [jahiaegbe@ierha.ca](mailto:jahiaegbe@ierha.ca)

Cindy Marynowski - Clinical Nurse Manager (ext. 20967) [cmarynowski@ierha.ca](mailto:cmarynowski@ierha.ca)

Johannes Snorrason - Support Services Manager (ext. 20961) [jsnorrason@ierha.ca](mailto:jsnorrason@ierha.ca)

Michael Centeno - Food Services Manager (ext. 20968)

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