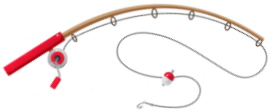


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  August 2026 Recreation Programs and Special Events						
 5:30 Sing-Along with Pat in the MPR	 10:00 Islendingadagurinn / Icelandic Festival Parade Viewing 1:30 Walks & Talks	9:30 Bend & Stretch 10:30 BBQ Prep 11:30 Resident BBQ Group 3 1:30 Physical Games 3:30 Walks & Talks 6:00 Courtyard Campfire	9:00 Body Works 10:15 Unit 2 Sing-Along 10:30 RC Mass 11:00 Up Town w/ Erika 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 10:30 Karaoke Stars 1:30 Happy Hour 3:30 Walks & Talks	9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:30 Card Sharks	9:00 Friendly Visits 10:30 Music by Sunrise 2:30 – 4:30 “Meet the Unicorns” with Wild Willow Ranch & Rescue 6:00 Games and Gab with Johanne
9:00 Friendly Visits 10:30 Balloon Badminton 2:00 Nexus Gospel Music in the Chapel 5:30 Sing-Along with Pat in the MPR	9:30 Bend & Stretch 10:00 Reader's Corner 10:30 Green Thumbs 1:30 Powder Room with Trista and Betty 3:30 Sensory/1-1 Visits	9:30 Body Works 10:30 BBQ Prep 11:30 Resident BBQ Group 4 1:30 Board Games 3:30 Walks & Talks	9:00 Body Works 10:15 Unit 2 Sing-Along 11:00 Couple's Dates 2:00 Betel Bingo 2:00 Walks & Talks 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 10:30 News & Views 11:30 Beach Boy Men's Lunch Outing 1:30 Happy Hour 3:30 Creative Colouring	9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:30 Card Sharks	 6:00 Games and Gab with Johanne
 5:30 Sing-Along with Pat in the MPR	9:30 Bend & Stretch 10:00 Reader's Corner 11:00 Arborg Heritage Village Seniors' Day	9:30 Body Works 10:30 BBQ Prep 11:30 Resident BBQ Group 5 1:30 Powder Room with Trista and Sandy 3:30 Sensory/1-1 Visits	9:00 Body Works 10:15 Unit 2 Sing-Along 11:30 Chicken Chef Women's Lunch Outing 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 10:30 Beach Bash Party Preparations 1:30 Happy Hour 6:00 Courtyard Campfire	9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Betel Beach Bash in the Courtyard	9:00 Friendly Visits 10:30 Music by Sunrise 1:00 Ice Cream Visits 2:30 Linen Folding 6:00 Games and Gab with Johanne
9:30 Bend & Stretch 10:30 Manicures 2:00 Nexus Gospel Music in the Chapel 5:30 Sing-Along with Pat in the MPR	9:30 Bend & Stretch 10:00 Reader's Corner 10:30 Green Thumbs 1:30 Music by Billy Dudek and Dawn Day 3:30 Sensory/1-1 Visits	9:30 Body Works 10:30 Coffee Club 1:30 Museum Visits 3:30 Courtyard Group	9:00 Body Works 10:15 Unit 2 Sing-Along 10:30 Powder Room with Trista and Erika 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	9:30 Bend & Stretch 10:30 Monthly Birthday Coffee Party 1:30 Happy Hour 3:30 Courtyard Games	9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:00 Music by the Sanderson's	 6:00 Games and Gab with Johanne
 5:30 Sing-Along with Pat in the MPR	9:30 Bend & Stretch 10:00 Reader's Corner 10:30 Courtyard Group 1:30 Betel Social Media Group Meeting 3:30 Sensory/1-1 Visits	 <i>Snack Cart Visits with Gwen every Wednesday after lunch!</i> 				