

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>July 2026</h1> <p>Recreation Programs and Special Events</p>			11:00 Canada Day Parade Viewing  <small>Canada Day</small>			 6:00 Games and Gab with Johanne <small>Independence Day (U.S.)</small>
5 4:00 Sing-Along with Pat in the MPR 5:30 Unit 2 Sing-Along	6 10:00 Reader's Corner 	7 8:00 Breakfast Club 10:30 Creative Corner 1:30 Courtyard Group 3:30 Body Works	8 9:30 Bend & Stretch 10:15 U2 Sing-Along 11:00 "Up Town" with Erika 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	9 9:30 Bend & Stretch 11:00 "Up Town" with Erika 1:30 Happy Hour	10 9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:30 Card Sharks	11 9:00 Friendly Visits 10:00 Music by Sunrise 2:00 Courtyard Group 6:00 Games and Gab with Johanne
12 9:30 Linen Folding 10:30 Balloon Badminton 1:00 Gimli Car Show Walks & Talks 5:30 Sing-Along with Pat in the MPR	13 9:30 Bend & Stretch 10:00 Reader's Corner 11:00 Arborg Seniors' Day Group Outing	14 8:00 Breakfast Club 10:00 GAC Pottery Pals 10:30 Music and Memories Unit 2 1:30 Physical Games <small>Bastille Day</small>	15 9:30 Bend & Stretch 10:15 U2 Sing-Along 10:30 RC Mass 10:30 Reminiscing 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	16 9:30 Body Works 10:30 Resident Council Meeting 10:30 Coffee Club 1:30 Happy Hour 3:30 Walks & Talks	17 9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:30 Ice Cream Visits 1:30 Music by Ben Wagner	18 9:00 Friendly Visits 10:30 Creative Corner 2:00 Walks & Talks 6:00 Games and Gab with Johanne
19 9:30 Linen Folding 10:30 Friendship Circle 2:00 Courtyard Group 5:30 Sing-Along with Pat in the MPR	20 9:30 Bend & Stretch 10:00 Reader's Corner 10:30 Homemakers 2:00 Betel Social Media Group Meeting 3:30 Walks & Talks 6:00 Courtyard Campfire	21 9:30 Body Works 11:30 Resident BBQ Group 1 2:00 Shuffleboard 3:30 Scrabble Squad	22 9:30 Bend & Stretch 10:15 Unit 2 Sing-Along 10:30 Selkirk Shopping Trip Group Outing 10:30 Courtyard Group 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	23 9:30 Bend & Stretch 10:30 Coffee Club 1:30 Happy Hour 3:30 Sensory/1-1 Visits 6:00 Courtyard Campfire	24 9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:00 Card Sharks 3:30 Sensory/1-1 Visits	25 9:00 Friendly Visits 10:00 Music by Sunrise 2:00 Courtyard Group 6:00 Games and Gab with Johanne
26 9:30 Linen Folding 10:30 Whiteboard Games 2:00 Courtyard Group 5:30 Sing-Along with Pat in the MPR	27 9:30 Bend & Stretch 10:00 Reader's Corner 10:30 Fishing Trip Group Outing 2:00 Whiteboard Games 3:30 Walks & Talks	28 10:00 GAC Pottery Pals 11:30 Resident BBQ Group 2 1:30 Memorial Service 2:00 Sensory/1-1 Visits	29 9:00 Body Works 10:15 U2 Sing-Along 10:30 Monthly Birthday Coffee Party 2:00 Betel Bingo 4:00 Linen Folding 6:30 Cribbage Crew	30 9:30 Bend & Stretch 10:30 Icelandic Festival Scavenger Hunt Walks 1:30 Happy Hour 3:30 Manicures	31 9:00 Friendly Visits 10:00 Lutheran Church 10:30 Bend & Stretch 1:00 Ice Cream Visits 2:00 Card Sharks 3:30 Viking Village Walks 	