



The Betel Homefront



September, October & November 2023

Recreation News

Thank you to all family & staff who contributed to the **Payday Sundae**. We will continue to offer sundaes to family & staff every 2nd Thursday until our donations run out. Please see recreation if you would like to donate.

Our vegetable garden, flowers in the courtyard and around the building had a fantastic year. A special thank you to Janice Lucek & Maureen Polischuk for all the extra attention that you spent keeping them looking great. We were able to enjoy cucumbers, tomatoes, onions & green peppers with a number of meals.

Our outings to restaurants in Selkirk will continue until the snow flies. If you would like your loved one to attend one of the outings, please speak to recreation.

Basket Draw Fundraiser

This will be our 4th Annual Basket Draw Fundraiser, which gains popularity each year.

More information will be sent out in late November and early December. The proceeds from this fundraiser help to pay for entertainment, outings and purchasing recreation equipment.



Resident Council News



Upcoming Meeting Dates:

- September 25, 2023
- November 25, 2023

All meetings will be held at 2:00 pm in the recreation room.

All Residents & Family are welcome to attend!

Important Information from Joi the Safety Bear

It's that time once again! As we make the seasonal change from summer to fall there are a few things to keep in mind and watch out for. As overnight temperatures start to hover close to the freezing point (or going below it) there could potentially be heavy frost buildup or even ice formation on sidewalks and other outdoor surfaces around the facility. This can create slippery patches especially in the morning. Be sure to watch for hazards and report anything significant to maintenance as soon as possible. Also, be sure to use extra caution with wheelchairs and walkers on these surfaces. Until next time - have fun and always remember to stay safe!

Resident & Family Computer

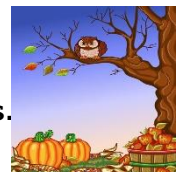
There is a laptop in the recreation room that is open to be used by residents & families. It can be used for surfing the internet, YouTube videos, skypeing, etc. Please see a staff member for assistance.

Social Work News

Just a reminder to all family members to watch your mail for your initial and annual care conference letter! Within 8 weeks of admission and once per year thereafter we host an interdisciplinary meeting with Residents and their families to talk about all aspects of their care and address any concerns.

If you are unavailable at your scheduled meeting time, please let Caroline know in advance to schedule an alternate time to discuss care and concerns.

Caroline TenBrinke is in her Gimli office on Tuesdays, Wednesdays & alternate Mondays.
Phone: 482-5469 ext. 20964
Email: ctenbrinke@ierha.ca





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Management Contacts

Phone: (204) 482-5469

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Up and Coming Around Betel

2023 Influenza & Covid Vaccinations

It's that time of year again! Doses of the seasonal influenza vaccine (flu shot) as well as COVID vaccination boosters are ordered and expected to be in the facility by mid-September. Prior to administering the shots our Nursing team will be contacting every Resident or their designate to have consent forms signed. Nursing staff will discuss this with Residents and/or designates when they are contacted about the consent forms.

In collaboration with the Interlake-Eastern Regional Health Authority, the call bell system on wings 3, 4, 5 & 6 has almost finished being installed.

Caregiver Strategies To Manage the Symptoms of Dementia | LiveTalk | Being Patient

<https://www.youtube.com/watch?v=SrMjpyc5HvY>



Family Meals

The library/family room can be booked for functions or just to have a meal with your loved one.

Meal tickets can be purchased from the main office or from the nursing desk on wings 5&6. A ticket must be presented before receiving a meal.



Please note that it needs to be booked before each time it is used.

Volunteer News

The Betel Volunteer department is always looking for new volunteers. It can be once a week, once a month or even once in a while.

We are currently looking for volunteers to:

1. Go on lunch outings.
2. Assist at entertainment/special events.
3. Assist at bingo.
4. 1 to 1 visits with residents.



Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.



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