



The Betel Homefront

March, April, and May 2024



Recreation News

With the unseasonably warm weather and lack of snow, we are planning to kick off our outings early this spring.

Our trips include lunch outings to various restaurants, ice cream outings, trips to the waterfront & to the bowling alley. If you would like your loved one to be on the list of outings please contact recreation. **Note: residents are responsible for their food purchases.**

For anyone that has not seen our courtyard in full bloom, you are in for a treat. Flowers will be planted following the long weekend, depending on weather. The recreation department would be happy to accept any flower/plant donations. We would also be happy to accept Shepherd's hooks.



If you would like to receive our calendars and newsletters electronically as they come available, email the Recreation Manager at mmutcheson@ierha.ca to get your email on the list!

Important Information

- All items brought into the building (TV's, chairs, tables, etc) need to be approved by maintenance or recreation before they are taken to the room. **Chairs cannot be a cloth material, they are required to be wipeable.**
- A reminder that TV's can only be a **maximum of 32 inches** (there are some rooms on wings 5&6 that can only accommodate 27 inch TVs). Please contact the recreation department if you are unsure.



Paperless Bills

CONSIDER GOING PAPERLESS

Phone & cable companies offer paperless billing.

Resident Council News

Upcoming Meeting Dates:

March 25, 2024

Annual Meeting

Review Resident Bill of Rights.

May 27, 2024

All meetings will be held @ 2:00pm in the recreation room.

Families are welcome to attend.



Volunteer News

The Betel Volunteer department is always looking for new volunteers. It can be once a week, once a month or even once in a while.

- **Assist with entertainment/special events.**
 - Assist on outings
 - Readers Corner (New Program)
 - 1-1 visits

Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.





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Important Information from Joi the Safety Bear

Just a reminder to always be on the watch for wet floor caution signs throughout the building. Housekeeping will often put up these signs while they are mopping floors both in public areas and Resident rooms. Signs may also be put up briefly after a spill has been cleaned up or by the entrances after water tracked in from outside has been mopped up. When you see the signs, watch your step and use extra caution to avoid any slips or falls. Also make sure to notify a staff member if you notice a spill or water on the floor that needs attention.

Until next time, stay safe and always be on the alert for hazards!



Pet Visits

We are a pet friendly facility.

- Please make sure your pets are fully up to date on their vaccinations.
- Pets should be on-leash at all-times.
- Pets are to stay in your loved ones room and are not permitted in common areas (except for the courtyard).



Education

TEEPA SNOW

Challenging Behaviors & Dementia



What is Dementia?



Dementia: Why Activities Matter with Teepa Snow of Positive Approach to Care.



Management Contacts

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